

Susana Garcia

Facilitator & Coach



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Susana is the founder of Trusting Your Talent – one of our wonderful partners. She believes that only when we feel truly seen and valued as we are, will we be open to exploring new perspectives and adopting more creative ways of approaching things – both in our careers and in our lives. And it is only in these moments that deep learning and real transformation can take place.

As a facilitator of learning and a leadership coach, Susana's purpose is clear: to inspire people to explore new ways of thinking and to encourage them to develop new habits that result in more inclusive and collaborative teams and workplaces. Susana will always build psychological safety and trust with her clients, enabling her to support and challenge them to try new things.

Susana has worked with a range of professionals around the world and across the industries, from recent graduates and first-time managers to senior executives and business leaders. She also has a decade of experience in the international corporate world. In other words: Susana knows how to effectively engage with all sorts of people. She has worked with everyone from adidas, NGA HR, Westfield, STADA, BUPA and Lilly to JP Morgan, Edwards Life Sciences, Ashland, Waters Corporation and Invesco.

Susana is a certified Co-Active Professional Coach (CPCC) and a certified coach on Emotional Intelligence and Leadership Assessment (ECR). She is an NLP Practitioner and member of the International Coaching Federation (ICF). She has two Postgraduate Diplomas: one in Psychopathology and Health and the other in Stress Management and Health. She studied Chemical Engineering at university and is an Artgym Certified Master Practitioner.

When not working, Susana likes to walk in nature with her dogs, practice daily zen meditation, explore and learn more about herself – and appreciate whatever life brings her.